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上海暑期学校 (海洋可持续发展项目) Shanghai Summer School (Marine Sustainable Development Program)

2026 招生简章

ADMISSION BROCHURE
SHANGHAI OCEAN UNIVERSITY

项目简介 Program Overview

上海暑期学校是上海市教育委员会重点打造的国际教育交流窗口品牌，专为多元语言与文化背景的学习者量身定制，以“多语言共生、多文化交融”为核心理念。项目依托沉浸式中国文化课程，打破语言壁垒，让你近距离触摸中国文化的鲜活魅力；同时搭建与上海优质高校的对接桥梁，为赴沪长期学习、深造铺就前置路径。



SHANGHAI OCEAN UNIVERSITY

As a flagship international education exchange brand established by the Shanghai Municipal Education Commission, the Shanghai Summer School is tailored for learners from diverse linguistic and cultural backgrounds, adhering to the core philosophy of "**multilingual coexistence and multicultural integration**". Relying on immersive Chinese cultural courses, the program breaks down language barriers, allowing participants to experience the vibrant charm of Chinese culture up close. It also serves as a bridge to top-tier universities in Shanghai, paving the way for long-term study and advanced education in the city.

作为国家“双一流”建设高校，上海海洋大学深耕海洋特色教育，本次暑期学校以“海洋可持续发展”为核心主题，将语言学习、文化体验与海洋科研实践深度融合。我们致力于搭建全球青年交流平台，吸引优秀国际学子来华体验中文学习、感受中国魅力，为赴沪深造、跨文化合作奠定坚实基础。

As a national "**Double First-Class**" university, Shanghai Ocean University excels in marine-focused education. Centered on "**Marine Sustainable Development**", this summer school deeply integrates language learning, cultural experience, and marine research practice. Shanghai Ocean University is committed to building a global youth exchange platform, attracting outstanding international students to China for Chinese language learning and to experience the charm of China, thereby laying a solid foundation for further education in Shanghai and cross-cultural cooperation.

学校简介 University Introduction

上海海洋大学是由上海市人民政府、国家海洋局、农业农村部联合共建的多学科应用研究型大学。2017年9月，学校凭借水产学科入选教育部国家“双一流”建设高校名单。上海海洋大学外国语学院成立于2006年，承担文学类本科和硕士研究生的培养任务，同时承担学校国际中文教学和对外文化交流项目。

Shanghai Ocean University is a multidisciplinary applied research university co-constructed by the Shanghai Municipal People's Government, the Ministry of Natural Resources (State Oceanic Administration), and the Ministry of Agriculture and Rural Affairs. In September 2017, the university was listed as a national "Double First-Class" construction university by the Ministry of Education, recognized for its distinguished fishery discipline. Founded in 2006, the College of Foreign Languages of Shanghai Ocean University undertakes the training of undergraduate and master's students in literature, as well as the university's international Chinese teaching and foreign cultural exchange programs.

项目核心信息 Core Program Information

项目时间: 2026年5月28日 — 2026年6月13日

项目地点: 上海海洋大学临港校区 (上海市浦东新区沪城环路999号)

指导语言: 汉语 (基础友好型) + 英语 (全程辅助)

Program Period: May 28, 2026 — June 13, 2026

Venue: Lingang Campus of Shanghai Ocean University (No. 999 HuchengHuan Road, Pudong New Area, Shanghai)

Instruction Languages: Chinese (beginner-friendly) + English (full-process auxiliary support)



教学安排 Teaching Arrangements

► 语言课程与嘉宾讲座：语言为桥，文化为核

课程深度融入汉语文化内涵，实现语言学习与文化感知的有机融合；特邀行业专家、高校学者开展现代上海、海洋可持续发展等主题讲座，助力学员读懂中国文化底蕴、洞察海洋可持续发展前沿趋势。

► Language Courses and Guest Lectures: Language as a Bridge, Culture as the Core

The courses are deeply embedded with Chinese cultural connotations, realizing the organic integration of language learning and cultural perception. Distinguished industry experts and university scholars are invited to deliver lectures on themes such as modern Shanghai and marine sustainable development, helping participants understand the profound heritage of Chinese culture and gain insight into the cutting-edge trends of marine sustainable development.



► 中国文化体验活动

开设诸如“中国剪纸”“龙舟竞渡体验”“太极修习”“端午包粽”“中国结编制”“汉服茶道雅集”等特色文化体验课程，带学员领略中国传统文化的匠心与魅力。同时联动学校“双一流”建设成果，组织参观水产养殖实验室、海洋科学科研基地，沉浸式学习海洋知识，感受科研与实践的融合力量。

► Chinese Cultural Experience Activities

Featured cultural experience courses such as "Chinese Paper Cutting", "Dragon Boat Race Experience", "Tai Chi Practice", "Zongzi Making for Dragon Boat Festival", "Chinese Knot Weaving", and "Hanfu & Tea Experience" are offered, allowing participants to appreciate the craftsmanship and charm of traditional Chinese culture. Meanwhile, linking with the university's "Double First-Class" construction achievements, we organize visits to aquaculture laboratories and marine science research bases, enabling immersive learning of marine knowledge and experience the integrated power of scientific research and practice.





► 现代上海城市文化之旅：古今交融，魅力申城

探访外滩、陆家嘴、东方明珠、豫园、南京路步行街等沪上地标，漫步思南公馆、新场古镇，在古今建筑的碰撞中感受上海的城市底蕴；走进中国航海博物馆、临港新片区，触摸海洋文化与现代都市的共生脉络。具体行程将根据报名情况灵活优化。

► Modern Shanghai Urban Culture Tour: Integration of Ancient and Modern, Charming Shanghai

Visit Shanghai landmarks such as the Bund, Lujiazui, Oriental Pearl TV Tower, Yu Garden, and Nanjing Road Pedestrian Street; wander through Sinan Mansion and Xinchang Ancient Town to experience the urban heritage of Shanghai amid the collision of ancient and modern architectures. Explore the China Maritime Museum and Lingang New Area to touch the symbiotic context between marine culture and modern cities. The specific itinerary will be flexibly optimized based on the registration situation.



► 浙江海洋与科技探访：湖城共生，知行合一

专为本次项目定制杭州特色研学线路，串联海洋科技、人文底蕴与生态发展，深度感受“人间天堂”的独特魅力。

► Zhejiang Marine and Technology Visit: Symbiosis of Lakes and Cities, Integration of Knowledge and Practice

A special study tour route in Hangzhou is customized for this program, connecting marine technology, cultural heritage, and ecological development, allowing participants to deeply experience the unique charm of the "Paradise on Earth".





报名资格

Eligibility Criteria

- ◆ 各国籍合法公民，年龄在16岁至35周岁之间（16—18周岁需提交监护人承诺书）；
- ◆ Legal citizens of all nationalities, aged between 16 and 35 years old (guardian's Commitment Letter is required for those aged 16—18);
- ◆ 身体健康，无重大疾病史，能适应长途旅行与集体生活；
- ◆ In good health, no history of major diseases, and able to adapt to long-distance travel and collective life;
- ◆ 对中国文化、海洋可持续发展主题感兴趣的学生、科研人员或行业从业者；
- ◆ Students, researchers or professionals interested in Chinese culture and the theme of marine sustainable development;
- ◆ 对华友好，无违法犯罪记录，承诺遵守中国法律、法规和学校的规章制度。
- ◆ Friendly towards China, with no criminal record, and committed to abiding by Chinese laws, regulations, and the university's rules and regulations.



费用与奖学金方案

Fee and Scholarship Scheme

总名额	名额	费用类型	申请资格
50	20	“上海暑期学校”奖学金资助（含学费、保险费、住宿费）	非中国籍的高中/本科/硕士/研究员，且未就读于中国高校，与上海海洋大学有合作关系的院校机构推荐优先
	30	需自行承担全部费用（包括报名费、学费、保险费、住宿费、上海—杭州往返交通费及个人消费等全部费用）。	高中/本科/硕士/研究员均可（无国籍限制，需满足基本报名资格）

Total Quota	Quota	Fee Type	Eligibility
50	20	"Shanghai Summer School" Scholarship Support (covering tuition fees, insurance fees, and accommodation fees)	Non-Chinese citizens (high school students, undergraduates, master's candidates, or researchers) not enrolled in Chinese universities; priority is given to those recommended by institutions with cooperative ties to SHOU
	30	Self-funded (covering registration fee, tuition fee, insurance fee, accommodation fee, round-trip transportation fee between Shanghai and Hangzhou, personal consumption, and other expenses).	High school students, undergraduates, master's candidates, or researchers (no nationality restriction, must meet basic eligibility criteria)

► 奖学金说明

“上海暑期学校”3S 奖学金旨在吸引优秀国际学子。获奖学员仅需承担来回机票、个人餐饮、自主消费等费用，其余核心费用全免。

自费名额提供两种可选项：

选项一：上海市核心项目安排，共计约6400元/人；

选项二：上海市核心项目安排 & 浙江3日研学游，共计约7500元/人。

► Scholarship Description

The "Shanghai Summer School" 3S Scholarship aims to attract outstanding international students. Scholarship recipients only need to bear the costs of round-trip air tickets, personal catering, and independent consumption; all other core expenses are covered.

Two options are available for self-funded participants:

Option 1: Shanghai-based core program arrangements, totaling approximately 6,400 RMB per person;

Option 2: Shanghai-based core program arrangements & 3-day Zhejiang study tour, totaling approximately 7,500 RMB per person.

申请方式 Application Method

(一) 申请截止日期: 2026年4月10日

(二) 申请步骤

1. 扫描官方二维码, 进入报名系统;
2. 按要求填写个人信息, 上传申请材料;
3. 确认信息无误后提交, 等待审核结果 (审核结果将通过邮件通知)。



(三) 所需材料

1. 有效期内个人因私护照复印件 (需清晰包含姓名、照片、出生日期、出生地、签发日期及有效期等信息);
2. 个人简历 (CV) 一份 (中英文均可);
3. 1 寸电子证件照 (JPG 格式, 背景为白色或蓝色, 清晰无遮挡);
4. 学业成绩单 (在校生提供; 非在校生提供在职证明或相关从业证明);
5. 外国人体格检查记录 (6个月内有效): 申请者可通过问卷示例下载表格, 需严格按照《外国人体格检查记录》要求提供, 包含详细的血液检查报告。记录不完整、无医生签字、无医院公章或未粘贴申请者本人照片 (加盖骑缝章) 的均视为无效;
6. 无犯罪记录证明 (6 个月内有效): 由当地警察局出具, 非中英文版本需提供正规翻译件 (英文或中文);
7. 监护人承诺书 (16—18 周岁申请者专属): 需监护人签字确认, 明确监护责任。

(I) Application Deadline: April 10, 2026

(II) Application Procedures

1. Scan the official QR code to enter the application system;
2. Fill in personal information as required and upload application materials;
3. Submit after confirming the information is correct and wait for the review result (the result will be notified via email).

(III) Required Materials

1. Copy of Regular personal passport (clearly including name, photo, date of birth, place of birth, date of issuance and validity period, etc.);
2. One personal resume (CV) (either Chinese or English);
3. One-inch electronic ID photo (JPG format, white or blue background, clear and unobstructed);
4. Academic transcript (provided by current students; employment certificate or relevant professional certificate provided by non-students);
5. Foreigner's Physical Examination Record (valid within 6 months):

Applicants can download the forms by referring to the examples provided in the questionnaire, which must be provided in strict accordance with the requirements of the Foreigner's Physical Examination Record, including a detailed blood test report. The record will be deemed invalid if it is incomplete, unsigned by a physician, unstamped by the hospital, or without the applicant's photo attached (with a cross-seal).

6. Certificate of No Criminal Record (valid within 6 months): Issued by the local police station. Non-Chinese/English versions must be accompanied by an official translation (in English or Chinese).

7. Guardian's Commitment Letter (exclusive for applicants aged 16-18): Must be signed by the guardian to confirm and clarify guardianship responsibilities.

项目日程表 - Program Schedule							
	星期一Mon.	星期二Tues.	星期三Wed.	星期四Thur.	星期五Fri.	星期六Sat.	星期日Sun.
			5月28日	5月29日	5月30日	5月31日	6月1日
09:00-11:00			Arrival in Shanghai- check in	Opening Ceremony	Lecture 2	Lecture 3	Home-stay
14:00-16:00				Lecture 1	Chinese cultural experience 1	Lecture 4	
	6月2日	6月3日	6月4日	6月5日	6月6日	6月7日	6月8日
09:00-11:00	Lecture 5	Modern Shanghai Urban Culture Tour 1	Lecture 6	Exploration for Marine Sustainable Development (Hangzhou City)			Lecture 7
14:00-16:00	Chinese cultural experience 2		Chinese cultural experience 3				Modern Shanghai Urban Culture Tour 2
	6月9日	6月10日	6月11日	6月12日	6月13日		
09:00-11:00	Lecture 8	Lecture 9	Modern Shanghai Urban Culture Tour 3	Lecture 10	Closing Ceremony		
14:00-16:00	Chinese cultural experience 4	Chinese cultural experience 5		Chinese cultural experience 6			

本日程安排仅供参考，我校可根据实际情况调整，最新信息以官方公告为准。
The schedule is for reference only. Our university reserves the right to adjust it according to actual circumstances, and the latest information shall be subject to the official announcement.